

# Cardinal Connection

News from the Activities Office

Wednesday May 18, 2022

## EVENTS TODAY

**BOYS GOLF - VARSITY** at Fergus Falls Pebble Creek @ 4:00pm

- dismiss at 1:45pm
- depart at 2:00pm

## RESULTS FROM YESTERDAY

### **GIRLS GOLF - VARSITY**

**The Alexandria Girls Golf Team is the Central Lakes Conference Champion!**

The team championship was played over 2 days. The first day was played Monday at Fergus Falls, and the second day was played Tuesday in Willmar. After shooting a school record 291 on Monday, the team responded with a solid team score of 315 on day 2. The course in Willmar proved challenging. The rough was quite deep and the course very soft, due to all the rain that fell last week. Individually, our players placed very well the second day. All 6 of our players placed in the top 13 places.

#### **Team Scores:**

1. Alexandria 291 315 606
2. Brainerd 311 329 640
3. Fergus Falls 340 351 691
4. Willmar 350 387 737
5. St. Cloud 380 375 755
6. Sartell 383 374 757
7. Sauk Rapids-Rice 429 455 884
8. Rocori INC 443 INC

While it is a 2-day event for the team competition, the individual scores are counted in all Central Lakes Conference events. All-Conference players are identified by averaging each player's best 4 scores from all CLC meets played. The players with the top 14 scoring averages are All-Conference, and players placing 15 - 20 are considered Honorable-Mention.

Alexandria had 6 players earn All-Conference honors:

- **Cora Larson (SR)**

- **Lauren Rebrovich (SR)**
- **Hannah Boraas (JR)**
- **Aisling O'Connor (JR)**
- **Rachel Bowen (FR)**
- **Ellie Sticha (8TH)**

### **Alexandria Individual Scores and places each day:**

#### **Day 1 Day 2**

Hannah Boraas 70 (1st) Season Best 74 (1st)

Cora Larson 72 (2nd) 78 (3rd)

Lauren Rebrovich 73 (3rd) Personal Best 81 (Tied 5th)

Aisling O'Connor 76 (5th) Tied Personal Best 85 (10th)

Rachel Bowen 85 (16th) 82 (7th) Personal Best

Ellie Sticha 82 (Tied 12th) Personal Best 88 (Tied 13th)

### **SOFTBALL - VARSITY**

Cardinals have had a busy week. Friday they swept Detroit Lakes where they broke out their bats and had aggressive base running that paid off in their favor.

#### **Alex vs Willmar - Game 1 (12-2) W; Game 2 (1-3) L**

Monday, the Alexandria Cardinals split with the Willmar Cardinals. In game 1, Alexandria created havoc on the base paths to push runs across home plate. couldn't get their bats going to string hits together in game two where Alex fell to Willmar 3-1. Defense played flawless in the field both games.

#### **Cardinals vs Bemidji 9-1**

Yesterday the Cardinals hosted Bemidji for Senior night where all 8 Seniors were honored. Bemidji jumped on the scoreboard fast and quick in the first inning where the Cardinals went into the bottom of the first down by 5. The Cardinals battled all 7 innings but couldn't get the ball to drop.

The Cardinals have a double header in Sartell today to wrap up the regular season.

### **SOFTBALL - JV**

#### **Alexandria-7 Bemidji-15**

In their last home game of the season the Cardinals faced off against the Bemidji Lumberjacks. The game was tied heading into the 3rd but the Lumberjacks offense came to life and scored 7 runs. The Cards were able to respond with 4 of their own to shrink the gap. Unfortunately, the bats went cold for the Cards and they were not able to move any more runs across home plate for the rest of the game. The team will travel to Sartell today for the final series of the 2022 season.

### **BASEBALL - VARSITY**

#### **Alexandria 6 Rocori 0**

Jaxon Schoenrock set the tone on Tuesday night having a fantastic start of the mound helping the Cards get back in the win column taking down Rocori 6-0. Schoenrock pitched 6 innings allowing 0 runs, giving up just 1 hit, struck out 7, and walked just 1. Nick Lefebvre continues to very well in his relief role pitching the final inning striking out 1 Spartan batter.

Offensively we collected 9 hits with JD Hennen leading the way going 3 for 5 with two doubles and 3 rbi's. Many more doubles in the game were collected as Nate Hammerback, Brock Lorfald, Jaxon Schoenrock, and Caleb Runge each added on. Other hitters for the Cards included Reed Reisdorf and Will Suchy who each added singles in the game.

Defensively the Cards played very well picking up their pitchers and making the routine, and challenging plays.

**We continue tomorrow taking on the Otter's at home starting at 5:00 p.m. Come out and enjoy some baseball!**

## **BASEBALL - JV**

### **Alex 3\_Rocori 7**

A week after we got revenge for an earlier season loss – the Spartans of Rocori got their revenge as earlier in the season we beat them 8-0 and last night they beat us 7-3 to avenge their loss. Max Hess the starting pitcher didn't give up a hit in the first 3 innings and then came the 4th inning and he lost his command and a couple fluke plays and a couple mental errors and they put up a 6 spot. Carter Simonson after some early wildness – shut them down big time over the next 3 innings. We had a couple threats after our 3-0 lead but couldn't get the momentum back. We certainly proved last night that the game of baseball is a game of momentum swings, and we failed to get the big momentum back. Cole Vatnsdal had 2 ringing singles and Caleb Gimbel had a pair of rips, Jordan Kuhnau had a long double that scored our 1st run and Gage Castle had an oppo single & Brady Swensrud pitched in w/a clean single. The Cardinals are 9-3 on the season and host Fergus Falls on Thursday & Little Falls on Friday. Thanks for the support of Cardinal Baseball.

## **BASEBALL - B TEAM**

The Cardinal B baseball team raised their season record to 7-3 with a doubleheader sweep over Rocori at Cold Spring. In the opener the Spartans jumped to a 5-0 lead in the first frame off Alex starter Sam Anderson who struggled with his control issuing five walks and two hits. Lawton Ketelson relieved Anderson and got out of the first inning jam. In a designed "bullpen" game, Ketelson pitched a 1-2-3 second frame and was relieved by Abe Pajari, Parker Converse and Boone Branson. Facing an early hole to climb out of, the Cardinals slowly made their comeback scoring one run in the 2nd, two runs in the 3rd, four runs in the 4th and batted around in the fifth scoring six times. The final score was 13-10 in an action packed "wild one". The Big Red hitting attack was led by Jacob Wales with three hits. Converse had two knocks and Chuck Runge, Tom Kramer, Anderson, Ketelson and Branson had one apiece.

In a shortened (darkness) four inning second game, right-hander Kyle Blankenship threw four shut - out innings and the hitting attack continued in a 8-0 victory. Blankenship allowed one hit, walked four and struck out six. Carson Holte, Cam O'Shea, Logan Evoldt, Jaxon Bakeberg, Beau Nathe and Blankenship had basehits for the Cardinals.

^ The B team is scheduled to travel to Fergus Falls on Thursday for a double-header and will face Little Falls at AAHS in a single game Friday.

## **TENNIS - VARSITY**

The Alexandria Cardinals closed out the regular season by hosting their senior night against the Willmar Cardinals. Rain clouds hovered all night, but the rain held off, and Alexandria was able to complete a clean sweep of Willmar. Alexandria did it in style as all ten seniors were able to score a varsity point for the Cardinals and did so in straight sets. Gabe Evink and Brennan Brecht at third doubles had the closest match of the evening, winning both sets in tie-breakers. There was a special feeling out on the courts to see an all senior team play together and some earn their first varsity point. The Alexandria tennis team owes a huge thank you to the seniors for their years of hard-work and leadership. Congratulations to Pieter Mulder, Brennan Lattimer, Ryan Meuwissen, Coltan Koehn, Jeff Rodewald, Gabe Evink, Holden Hansen, Brennan Brecht, Gabe Hilbrands, and Elijah Vanderveer. Alexandria hosts the opening round of section play at home today against the Sartell Sabres tonight.

### **Alexandria 7 WILLMAR 0**

#### **Singles:**

No. 1 - Brennan Lattimer, Alexandria Area High School def. Joshua Jensen, WILLMAR SENIOR HIGH, 6-0, 6-1, -;

No. 2 - Ryan Meuwissen, Alexandria Area High School def. Miguel Garcia, WILLMAR SENIOR HIGH, 6-0, 6-2, -;

No. 3 - Holden Hansen, Alexandria Area High School def. Mateo Engan, WILLMAR SENIOR HIGH, 6-0, 6-0, -;

No. 4 - Elijah Vanderveer, Alexandria Area High School def. Jared Barrera, WILLMAR SENIOR HIGH, 6-0, 6-1, -;

### Doubles:

- No. 1 - Pieter Mulder, Alexandria Area High School - Gabriel Hilbrands, Alexandria Area High School def. Jorge Zelaya Velasquez, WILLMAR SENIOR HIGH - Andrew Ziebarth, WILLMAR SENIOR HIGH, 6-0 , 6-2 , -;
- No. 2 - Jeff Rodewald, Alexandria Area High School - Coltan Koehn, Alexandria Area High School def. Gabe LaRue, WILLMAR SENIOR HIGH - Ryan Newberg, WILLMAR SENIOR HIGH, 6-0 , 6-0 , -;
- No. 3 - Gabriel Evink, Alexandria Area High School - Brennan Brecht, Alexandria Area High School def. Aaron Marthaler, WILLMAR SENIOR HIGH - Brandon Escalon-Valladares, WILLMAR SENIOR HIGH, 7-6 , 7-6 , -;



## GIRLS SOCCER SUMMER INFO MEETING

All girls planning to play soccer next fall should plan to meet on Thursday May 19 at 7:45 in Mrs. Lagergren's room (B325). We will update you with summer programs, camps, and other opportunities. Your attendance is very important! See you there!

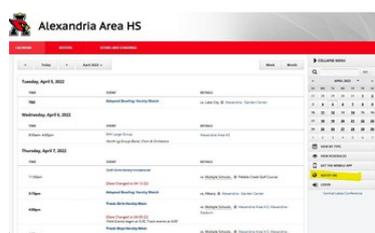
## MOCK TRIAL INFO MEETING

Any students interested in participating in Mock Trial next school year, please attend a mock trial meeting in **Room A121 on Wednesday, May 25th @ 8:00am.**



## GIRLS TENNIS SUMMER INFO MEETING

All girls tennis players that plan to play next year, please attend an informational meeting in **Room A121 on Friday, May 27th @ 8:00am.**



## UP TO THE MINUTE SCHEDULE CHANGES

The weather can raise havoc on spring sports event schedules! [Click this link for up to the minute schedule changes.](#) Subscribe to the "Notify Me" link to receive alerts on schedule changes as soon as they happen!



2022 Baseball Roster.pdf

[Download](#)

79.0 KB



## CENTRAL LAKES CONFERENCE PERFORMER OF THE WEEK



**Aleah Miller** has been named Central Lakes Conference Performer of the Week in Girls Track.

- Aleah finished in first place in the 3200 with a personal best time of 11:18.32, 2nd in the 1600 and 3rd in the 4x400.

**Lauren Rebrovich** has been named Central Lakes Conference Performer of the Week in Girls Golf.

- In 2 meets, Hannah shot 80 (3rd), and 83 (4th).

**Cole Haabala** has been named Central Lakes Conference Performer of the Week in Tennis.

- At #2 singles, Cole won 3 matches last week.

**Congratulations Aleah, Lauren and Cole!**

## FALL SPORTS PLAYER PARENT MEETING

The fall sports parent player meeting will be held on  
**Thursday, August 11th at 5:15pm in the PAC**



## CHECK OUT THE APPAREL AND HATS AT THE CARDINAL STORE





## CARDINAL CAFE

Cardinal Café is a student run restaurant where students plan, shop and prepare the meals for appropriately 15 – 25 people.

The Culinary Arts III students and instructor appreciate your willingness to spend your lunch hour at the Cardinal Café. This experience provides a great opportunity for the Cardinal Café students to learn more about the hospitality/restaurant industry.

Cost: \$7.00 per person (Cash or Check Only)

Reservations are required – to get a reservation contact [rkent@alexschools.org](mailto:rkent@alexschools.org) or call 320-762-2142 ext 4275 and leave your name (first and last, date you would like reservations, phone number where you can be reached and the number of people in your group)

### Tuesday, May 17

- Head Chef: Samantha Gerdes
- Entrée: Hot Beef Sandwich with Mashed Potatoes and Gravy
- Side: Tossed Salad with a choice of dressing
- Dessert: Chocolate Chip Bar topped with Ice Cream

### Friday, May 20

- Head Chef: Makenna Botten
- Entrée: Garlic Potatoes and Ham
- Sides: Garlic Bread and Tossed Salad with choice of dressing
- Dessert: Caramel Apple Cupcakes





## OPEN LIFTING HOURS EXTENDED

New hours starting **Monday March 7th:**

- **Mornings** - Monday -Fridays 7:00-8:00 AM
- **After School Monday and Friday** 4:05 - 4:50 PM
- **After School Wednesday** 3:55pm - 4:20 PM
- **After School Tuesdays and Thursdays** 3:30-5:00 PM

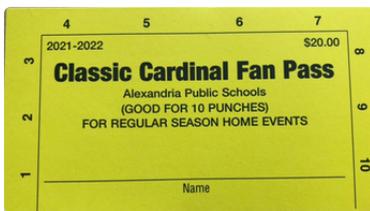
## LUNCH to GO for AFTER SCHOOL ACTIVITIES of EVENTS



Lunches for students in activities or after school events are available for order at Perks Plus,

- \$6.00 each, due at time of ordering, either cash or you can use your lunch account.
- Options are Ham or Turkey sub or a PBJ.
- All meals include fruit, veg, chips, cookie and a water.

\*cut off time to order for that day is 11 am



**Attention Senior Citizens.....**

### **Become a Classic Cardinal Fan!!**

Alexandria Public Schools values the senior citizens of Alexandria and appreciates the support they give to the students and coaches/advisors of the athletic teams and fine arts groups. To show our appreciation to these citizens, we have a "Classic Cardinal Fan" pass available to anyone 65 years old or older. This pass sells for \$20 and will permit the holder to attend 10 regular season contests of their choice. This is a \$40 savings. These passes will be for sale at the ticket booths at any contest, or they may be purchased at the Activities Office at Alexandria Area High School.

**Great Gifts for Grandparents!!**

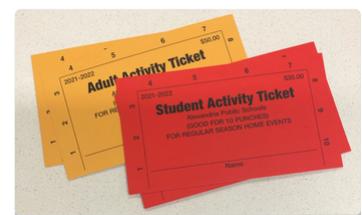
## DISCOUNT TICKET PRICES

### **Cardinal Fans!**

Discount passes are available

- **Adult** - 10 punch pass \$50
- **Student** - 10 punch pass \$30

These passes will permit the holder to attend 10 regular season contests of their choice. Punch passes will be for sale at the ticket booths at any contest, or they may be purchased at the Activities Office at Alexandria Area High School.



# ACTIVITIES REGISTRATION

## AAHS ACTIVITIES

You may access the online registration [at this link](#)

- If you have not used the districts online payment module in the past for activities, Chromebooks, food service, parking permits, etc. You will need to CREATE AN ACCOUNT prior to registering.
- Registration needs to be complete prior to student's being able to participate.

Reminder that students **must have a physical every three years in order to participate**. The online registration module will not allow you to proceed if a physical exam is needed. If you have questions please contact Sheree in the AAHS activities office 320-762-2142 ext 4530 or contact your healthcare provider.

[2021-22 MSHSL Sports Physical form](#)

## ACTIVITY FEE DISCOUNTS AVAILABLE

Discounted fees are available for families who qualify for Free/Reduced Educational Benefits. If you feel you qualify, please go to [family.wordwareinc.com](http://family.wordwareinc.com) to complete the on-line application. Paper copies are available at each school office."

Although meals are again free this year, activities fees are based on Free/Reduced Educational Benefits and may provide you a discount on activity fees.

## UPCOMING EVENTS



[Alexandria Area HS](#)

[centrallakesconference.org](http://centrallakesconference.org)



## Home of the Cardinals

 Facebook

 @aahsactivities

Alexandria Area High School offers more than 50 co-curricular programs including the full complement of Minnesota State High School League (MSHSL) offerings - featuring varsity sports, fine and performing arts, and numerous school clubs and organizations. These student activities have continually excelled in regional and state competitions.

 4300 Pioneer Rd SE, Alexandria,...

 shsaxton@alexandria.k12.mn.us

 (320) 762-2142

 alexandria.k12.mn.us/aahs

