

Cardinal Connection

News from the Activities Office

Monday, March 7, 2022

EVENTS TODAY

BOYS GOLF PRE-SEASON MEETING

Attention all 9th-12th graders planning to play golf this year. Please meet in room **B181 on Monday, March 7th at 3:15**. No need to bring anything other than something to write with. Feel free to contact me with any questions. 6028813982 or bswed64@yahoo.com



FAN BUS TO BOYS HOCKEY STATE TOURNAMENT

COMMUNITY FAN BUS TO BOYS HOCKEY STATE TOURNAMENT GAME

Deadline to sign up for bus is **4:00 PM TUESDAY**.

- Charter fan bus is being organized for adults and students to the **Boys Hockey State Tournament at the Excel Center Wednesday, March 9, 2022 as the Cardinals take on Minneapolis at 8:00pm**
- Cost of the bus ride is \$30/person
- [Game tickets must be purchased online](#)
- Event Tickets are \$20 for adults, \$13 for students
- Fan Bus Tickets will be sold at Alexandria Area High School on a first come, first served basis

Deadline to sign up is 4:00 PM (Tuesday)

- [Permission forms linked here](#) or available online at the AAHS BOYS HOCKEY web page
- Please print out online form and bring completed form and \$30 to AAHS. Deadline to sign up for bus is 4:00 PM Tuesday
- **BUS WILL Depart FROM AAHS front doors at 5:00pm**
- **Elementary students wishing to ride the fan bus must be accompanied by their parent.**
- **NO STUDENT FAN BUS RESERVATIONS WITHOUT PERMISSION SLIP AND MONEY**



RESULTS FROM THE WEEKEND

WRESTLING

STATE TOURNAMENT

Mason McGrane and Blaze Nelson represented Alexandria in the 2022 state wrestling tournament and competition was fierce as always. Blaze Nelson came out aggressive against his first round opponent from Aitkin taking several shots, but the Aitkin wrestler held position very well and scored off of our attacks. Blaze was later pinned in the third period. Blaze got a chance in the consolation bracket against an opponent from Princeton. The match was scoreless after the 1st period and Blaze was put to his back and pinned in the second period. His opponents ended up taking 5th and 6th place in the bracket.

Mason McGrane pinned his first round opponent from Scott West before falling in a back and forth match against his opponent from Becker 12-6. Mason won his 1st match in the consolation 10-8 over a wrestler from St. Paul Johnson and then fell to the number 2 seed from Big Lake in the consolation by pin. Mason's Big Lake opponent got 5th and the Becker wrestler took 2nd.

We stressed a lot to Mason and Blaze that to win at the state tournament you have to be the one setting pace and controlling the tie-ups within the match. They were aggressive and gave it their best shot which we really liked to see. They didn't clam up under the bright lights and roars of the crowd which we sometimes see wrestlers do! They both had very good seasons and we are proud of their accomplishments. Hopefully they will both get an opportunity to represent us again at the state tournament next year as they are both underclassmen. Go Cards!

BOYS SWIMMING AND DIVING - STATE TOURNAMENT

Congratulations to the Alexandria Cardinals Swimming and Diving Team who put together a balanced team effort once again to earn the title of state runner up in the Class A state swimming and diving championships at the University of Minnesota on Friday and Saturday.

Capping off a stellar undefeated season and following up on their section championship title, the team overcame a rough start to the meet on Friday to pull together on Saturday to place behind perennial power Breck/Blake to win the title of public school state champion again. To have the stands filled with loyal family and fans was a great feeling after having none (covid) last year. Being able to take the podium to receive the medals was an incredible feeling after getting them in the mail last year.

Many thanks to the many who came to the meet to show their support for this outstanding team

ALL STATE HONORS:

Carter Holm - 100 freestyle, 200 freestyle relay, 400 freestyle relay

Anthony Hoyt - 200 freestyle, 500 freestyle, 200 freestyle relay, 400 freestyle relay

Nicolas Welle - 200 medley relay, 50 freestyle, 100 butterfly, 200 freestyle relay

Erik Reineke - 200 medley relay, 400 freestyle relay

Logan Tung - 200 medley relay, 200 freestyle relay

Eric Peterson - 200 medley relay, 400 freestyle relay

FINISHES IN THE STATE:

3rd - 200 medley relay - Eric Peterson, Loga Tung, Nicolas Welle, Erik Reineke

6th - 200 freestyle - Anthony Hoyt

15th - 200 freestyle - Erik Reineke

14h - 200 IM - Logan Tung

19th - 200 IM - Cooper Running

2nd - 50 freestyle - Nicolas Welle

13th - diving - Caden Kavanagh

14th - diving - Kyler Kavanagh

16th - 100 butterfly - Eric Peterson
2nd - 100 freestyle - Carter Holm
19th - 100 freestyle - Erik Reineke
7th - 500 freestyle - Anthony Hoyt
17th - 500 freestyle - Cooper Running
2nd - 200 freestyle relay - Logan Tung, Anthony Hoyt, Nicolas Welle, Carter Holm
12th - 100 backstroke - Eric Peterson
9th - 100 breaststroke - Logan Tung
2nd - 400 freestyle relay - Eric Peterson, Erik Reineke, Anthony Hoyt, Carter Holm

What a team! What a season!

SPEECH

The Alexandria speech team competed at Sauk Rapids-Rice High School Saturday, March 5. Special mentions to:

Third place finishers Marissa Mellgren (Creative Expression), Zachary Frederiksen (Discussion), and Alexis Klimek (Great Speeches). Sixth place finishers Aisling O'Connor (Original Oratory) and Marissa Hopper (Prose). Eighth place finisher Kassidy Huwe (Prose). Ninth place finishers Teddy Tonkin (Poetry) and Mylee Montag/Abby Braylon (Improv Duo). Tenth place finishers Kiara Sowada (Poetry) and Julia Nelson (Storytelling). Eleventh place finisher Kenni Lambrecht (Great Speeches). Twelfth place finisher Mylee Montag (Prose). And thirteenth place finisher Anna Hanson (Discussion).

GIRLS BASKETBALL - VARSITY

Alexandria 67 Detroit Lakes 71 2 Overtimes

The Lady Cards saw their season come to an end in the Section Semifinals. We struggled to get our footing in the first half but still went to the locker room tied 20-20. In the second half the Cardinal offense woke up sparked by Sophomore Kaia Emter's 3 back to back to back 3 point shots. We struggled to put together stops into the defensive end and could not pull away. DL stayed with in striking distance with free throws and some Cardinal miscues. The Cards executed beautifully in the waning moments of regulation that led to a Hadley Thul 3 point shot. We had a defensive breakdown and DL stuck a 3 of their own to force the first OT. In a game that went back and forth it was the Lakers that had the final run forcing us to foul. Scoring for the Cards was Allie Haabala 16, Hadley Thul 15, Kaia Emter 9, Chloe Scholl 9, MaCee Linow 8, Elle Heydt 7, Kate Hennesey 2 and Lillian Thul 1. It was a disappointing turn of events for the young Cards but the future is nothing but extremely exciting and bright for this crew of underclassmen. Lillian Thul, Tessa McGrane and Carli Wolf played their last game on the AAHS court and we will miss their leadership and thank them for being such great role models and mentors to their younger counterparts. The Cardinals finished the season 12-14 and lost multiple games by 5 points or less. We are proud of these girls who grew in so many ways this season and will be ready to fly next season. Wings up!

BOYS BASKETBALL - CLC CHAMPIONS!



BOYS BASKETBALL - VARSITY

Alex 70 - Brainerd 59

Alex 64 - Fergus Falls 53

Alex Boys Basketball team defeated the Brainerd Warriors on Friday night and then traveled to Fergus Falls on Saturday afternoon, beating the Otters 64-53. With those two wins the Cards earned the CLC championship, making it back-to-back for the first time in school history. Now we set our sights on Section 8AAA as we host the Little Falls Flyers on Tuesday night at 8:01.

BOYS BASKETBALL - JV

Alexandria - 63 Brainerd - 39

On Friday, the JV Boys Basketball Team finished their season with a win when they hosted Brainerd. The Cards got up early behind solid shooting and transition buckets created by their defense. The Cards took a 39-19 lead into the locker room. The Cards controlled the second half, as well, and were able to answer any Warrior attempts to get back in the game. The JV Cards finished their season at 23-0. The coaching staff would like to thank: Jaxson Schoenrock, Bralyn Steffensmeier, Trevin Hoepner, Bryce Paffrath, Dawson Roderick, Chase Thompson, and Jacob Balcome for their hard work and commitment during the year. The JV Team was also assisted by several B-squad players throughout the year. Nameingly, Sampson Hagstrom, Cam Simon, and Mason Gorghuber who filled-in late in the season, as the JV Team dealt with some injuries. Great Team Effort! The JV Team will now turn their focus toward helping the varsity prep for post-season.

BOYS BASKETBALL - B SQUAD

Alexandria 53 Brainerd 23

The Alexandria 'B' squad took on the Brainerd Warriors Friday night. A team they had beaten only by 2 up in Brainerd. It took the offense a little bit to get going, but the defense was always there as the Cardinals would take a 23-11 lead into the half. The Cardinals got the offense rolling as they cruised to a 53-23 win.

Alexandria 62 Fergus Falls 38

The Alexandria 'B' squad had a quick turnaround as they would play their second game in less than 16 hours as we traveled to Fergus Falls to finish our season. The game was never in doubt and the Cardinal rolled to a 62-38 victory. The 'B' squad would finish their season 19-4 for the year. The team included Kadyn Weber, Gavin Klimek, Evan Moore, Samson Hagstrom, Mason Gorghuber, Cameron Simon, Spencer Schmidt, Hayden Logan, Drew Gundberg and Walker Hennen

TOM LEHMAN SCHOLARSHIP

The [Tom Lehman Scholarship](#) is available online at the Cardinal Athletic Foundation website.

Deadline to apply is April 8th



The Cardinal Athletic Foundation annually awards the Tom Lehman scholarship (\$3,000) to a multi-sport athlete who has demonstrated through their academic and athletic career determination, commitment, and the drive to be successful in any endeavor they pursue. Students wishing to apply for the scholarship may fill out and submit an online application by April 8th. The award winner will be revealed during Honors Night.

SOFTBALL PARENT MEETING

PARENT MEETING:

Parent meeting is scheduled in AAHS Room B182/183 at **6pm on March 15th**



TENNIS MEETING

There will be an informational meeting for all boys interested in playing tennis on **Tuesday, March 15th @ 3:15-3:45 in AAHS Room A121**



BOYS & GIRLS TRACK AND FIELD MEETING

PARENT MEETING

The Track and Field parent meeting will be on **Tuesday, March 15 at 5:30pm in the AAHS Gym**. The Mill City Running Shoe sale will follow. Mill City will be bringing a wide variety of training shoes and spikes for our kids and families to purchase at a discounted rate!



CLAY TARGET FLAGLIFE REGISTRATION

The **AAHS Clay Target League** will be competing in the 2022 MN Clay Target League Spring

Season

We **WILL NOT** be having an **Organizational Meeting** as we have in the past.

- **Registration deadline is: March 21 at NOON**

RETURNING STUDENTS - will receive an email prior to Feb 28 with registration information.

NEW STUDENTS - Please email ahstrap@gmail.com for registration information



BASEBALL PLAYER PARENT MEETING

PARENT MEETING:

Parent meeting is scheduled in AAHS Room B182/183 at **7pm on March 22nd**



**POLAR
PLUNGE**

- + 320 students registered to plunge so far (there is still time to sign up!)
- + Over \$36,000 raised to far!
- + Connect with Lukas Gotto for more information

4th Annual Alexandria Cool School Plunge!

Friday, March 11
Pepfest begins at 1:45pm
Plunging begins at 2:15pm

Alexandria Lakes Area

TALENT SHOW

AUDITIONS

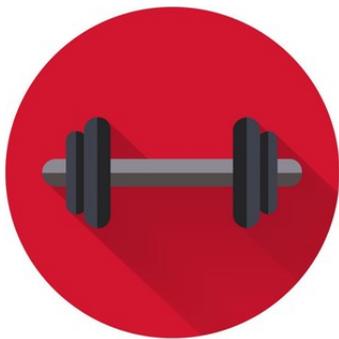
**Got talent?
Dance, sing, act, create ... all talents welcomed!**

For more information and to register:
www.alexschools.org/pac
 \$10 entry fee; Video submission deadline: March 7

First place: \$300 Second place: \$200 Third place: \$100

Questions? 320-762-3310





OPEN LIFTING HOURS EXTENDED

New hours starting **Monday March 7th**:

- **Mornings** - Monday -Fridays 7:00-8:00 AM
- **After School Monday and Friday** 4:05 - 4:50 PM
- **After School Wednesday** 3:55pm - 4:20 PM
- **After School Tuesdays and Thursdays** 3:30-5:00 PM

WE NEED YOUR PICTURES



YEARBOOK NEEDS YOUR PHOTOS

WE WANT YOUR PICTURES!

WINTER SPORTS PICS

Yearbook wants your winter sports pictures!

Text them to 3202981102

or alexianyearbook@gmail.com

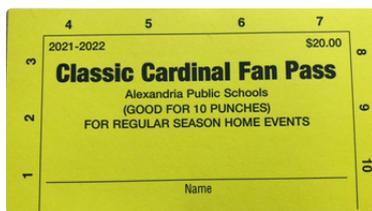
LUNCH to GO for AFTER SCHOOL ACTIVITIES of EVENTS



Lunches for students in activities or after school events are available for order at Perks Plus,

- \$6.00 each, due at time of ordering, either cash or you can use your lunch account.
- Options are Ham or Turkey sub or a PBJ.
- All meals include fruit, veg, chips, cookie and a water.

*cut off time to order for that day is 11 am



Attention Senior Citizens.....

Become a Classic Cardinal Fan!!

Alexandria Public Schools values the senior citizens of Alexandria and appreciates the support they give to the students and coaches/advisors of the athletic teams and fine arts groups. To show our appreciation to these citizens, we have a “Classic Cardinal Fan” pass available to anyone 65 years old or older. This pass sells for \$20 and will permit the holder to attend 10 regular season contests of their choice. This is a \$40 savings. These passes will be for sale at the ticket booths at any contest, or they may be purchased at the Activities Office at Alexandria Area High School.

Great Gifts for Grandparents!!

DISCOUNT TICKET PRICES

Cardinal Fans!

Discount passes are available

- **Adult** - 10 punch pass \$50
- **Student** - 10 punch pass \$30

These passes will permit the holder to attend 10 regular season contests of their choice. Punch passes will be for sale at the ticket booths at any contest, or they may be purchased at the Activities Office at Alexandria Area High School.



ACTIVITIES REGISTRATION

AAHS ACTIVITIES

You may access the online registration [at this link](#)

- If you have not used the districts online payment module in the past for activities, Chromebooks, food service, parking permits, etc. You will need to CREATE AN ACCOUNT prior to registering.
- Registration needs to be complete prior to student’s being able to participate.

Reminder that students **must have a physical every three years in order to participate**. The online registration module will not allow you to proceed if a physical exam is needed. If you have questions please contact Sheree in the AAHS activities office 320-762-2142 ext 4530 or contact your healthcare provider.

[2021-22 MSHSL Sports Physical form](#)

ACTIVITY FEE DISCOUNTS AVAILABLE

Discounted fees are available for families who qualify for Free/Reduced Educational Benefits. If you feel you qualify, please go to family.wordwareinc.com to complete the on-line application. Paper copies are available at each school office."

Although meals are again free this year, activities fees are based on Free/Reduced Educational Benefits and may provide you a discount on activity fees.

Cardinal Apparel and hats available at the Cardinal Store



Upcoming Events



[Alexandria Area HS](#)

centrallakesconference.org



Home of the Cardinals

 Facebook  @aahsactivities

Alexandria Area High School offers more than 50 co-curricular programs including the full complement of Minnesota State High School League (MSHSL) offerings - featuring varsity sports, fine and performing arts, and numerous school clubs and organizations. These student activities have continually excelled in regional and state competitions.

 4300 Pioneer Rd SE, Alexandria,...

 shsaxton@alexandria.k12.mn.us

 (320) 762-2142

 alexandria.k12.mn.us/aahs

