

# Cardinal Connection

News from the Activities Office

Friday, January 21, 2022

## EVENTS TODAY AND WEEKEND

### FRIDAY, JANUARY 21ST

#### **BOYS HOCKEY** vs Sartell

- JV at 5:30 pm
- Varsity at 7:15pm

#### **BOYS BASKETBALL** vs St. Peter [Livestream](#)

- JV at 5:45pm
- Varsity at 7:15pm

#### **GYMNASTICS** at Detroit Lakes @ 6:00pm

- dismiss at 1:45pm
- depart at 2:30pm

### SATURDAY, JANUARY 22ND

#### **GIRLS HOCKEY** - Varsity only vs Breck at RCC @12:00pm

#### **BOYS SWIMMING AND DIVING** at True Team State @ U of M Aquatic Center

- bus departs at 8:45am

## RESULTS FROM YESTERDAY

### **GIRLS HOCKEY - VARSITY (SENIOR NIGHT)**

#### **Alexandria 1 Fergus Falls 3**

The Lady Cards hit the ice at the RCC Thursday night to take on CLC rival Fergus Falls. The Cards beat them just a couple weeks ago to start our 6 game win streak, but it was the Otters that would prevail on senior night. The Cards couldn't get much going all night with the relentless Otters coming out hard and never looking back. Senior Lauren Rebrovich would get the lone Cardinal goal with assists from Kennedy Ellingson and senior Hanley Block. Senior goaltenders, Hailee Bailey and Jordan O'Kane would split time between the pipes for senior night and both played well. Thank you to a nice crowd in

support of our Seniors, their families, and their teammates. Thank you to our 11 seniors and their families; Hailey Bailey, MaKenna Aure, Riley Nyberg, Lauren Rebrovich, Hanley Block, Jordan O’Kane, Peyton Boesl, Keely Christenson, Elise Patience, Autumn Blahosky, and Kaci Trosvig. We are so proud of you and we love you. Our journey is just beginning.



## **GIRLS HOCKEY - JV**

### **Alexandria 4 Fergus Falls 1**

The girls hockey squad was back on home ice Thursday night looking to sweep the Otters on the year and get the front end of Senior night off to the right start. The Jr. Lady Cards got off to a fast start with a lot of “O” zone time in the first period and pelting the Fergus Falls net minder with 10 shots. The Cards loan goal of the period came on a beautiful rush by Sophie Wiseman from the high slot beating the goalie low on her weak side. Fergus would respond a minute later with a goal of there own knotting it at 1 after the first. The second period started with a little back and forth from both teams until mid way through the period when the forwards decided it would be a good idea to get our defensemen involved in the offensive zone. In a little more than 3 minutes apart and 2 shots on net from the point, the Lady Cards were up 3-1 with goals from Jada Waldorf and Maya Wagner. The assists came from Courtney Violette and Alayna Loveland. Closing out the scoring on the night in the third was Aubrie Porter with a little “top cheddar” on the Fergus goalie. A beautiful goal it was with the lone apple going to Sophia Wiseman. Playing well between the pipes was Hunter Sellnow who picked up the win with 9 saves of her own.

## **GIRLS BASKETBALL - VARSITY**

### **Alexandria 57 Brainerd 49**

It was cold outside but the Lady Cards started out HOT as we got off to a quick start against the 10-2 Warriors. The Warriors rallied to take the lead at half by 3. The Lady Cards utilized a calm presence and executed beautifully in the second half and got stops defensively to seal the deal. Solid TEAM win and effort in all areas of the game. Scoring was paced by Hadley Thul 21, Chloe Scholl 13, Tessa McGrane 9, MaCee Linow 8, Allie Haabala 4, and Lillian Thul 2. Official stats were unavailable at this time. The

Lady Cards travel to Sauk Rapids on Tuesday for their Coaches vs Cancer event and take on the Storm. Wings Up!

Top 20 Thinkers and Teams are always surging forward TOGETHER in every practice and game. Bottom 80 Thinkers and Teams do not have the mindset to keep pushing together.

### **GIRLS BASKETBALL - JV**

#### **Alexandria 50 Brainerd 37**

Alexandria hosted the Brainerd Warriors on Friday night for their first game this week. Alexandria's JV had a slow start to the game where they were missing their usual defensive fire and energy. At the half the Cardinals would find themselves down 23-25. The second half the Cardinals went with a little smaller lineup in hopes of finding their defensive energy and they had success. Elle Heydt, Michelle Nieland, Kaia Emter, Alison Krasky, and Lydia Oldenkamp were a few of the Cardinals that were able to provide great defensive pressure and composure on offense. In the end, Alexandria would pull away with a 50-37 victory. The win puts the JV at 11-2 on the season.

### **GIRLS BASKETBALL - 9TH GRADE**

#### **Alexandria 40 Brainerd 18**

Good morning to all you cardinal faithful! Talk about a hot start! The lady cards jumped out to an impressive 16-0 beginning before we cooled off a little bit. The girls brought intensity and focus on the little parts of the game. Layne Leimkuhl probably set a team record for steals in a game (our independent stat checker is currently checking the archives.) Alison Krasky used a strong first half to finish with 14 points. Evelyn Kuhnau could shoot trap with how fast she got her 3 pointer off early in the first half. The lady cards are looking forward to continuing their season next week with three games. We hope to see everyone at home and away!

With that win, the Lady Cards are now 9-3 on the year and 1-0 against Nordic themed mascots.

### **BOYS SWIMMING AND DIVING**

#### **Alexandria 113 Tech/Cathedral/Rocori 71**

Alexandria remained undefeated after traveling to St. Cloud Tech to win the meet over the Tech/Cathedral/Rocori team by a score of 113 to 71.

Alexandria started the meet with a victory in the 200 medley relay by 12 seconds over the TCR relay. Relay members were Eric Peterson, Logan Tung, Nick Welle, and Carter Holm. The third place relay consisted of Mark Meece, Joel Brault, Cooper Running, and Anthony Hoyt. Eli Biggers and Andrew Johnson placed first and second in the JV 200 freestyle. Carter Holm and Anthony Hoyt dove right back in after the relay to place second and fourth in the 200 freestyle. Zachary Timm placed fifth. Running placed second in the 200 IM with Meece in fourth. Andrew Johnson won the JV 50 freestyle followed by teammate Coltan Koehn in second. Welle and Erik Reineke placed 1/2 in the 50 freestyle. Kyler Kavanagh, Caden Kavanagh, and Keaton Snitker placed third, fourth and fifth in diving. Welle won the butterfly, followed by Eric Peterson in third and Meece in fourth. Eli Biggers won the JV 100 freestyle, followed by fellow senior Coltan Koehn in third. Carter Holm led the 1/2/3 sweep in the 100 freestyle, followed by Logan Tung and Erik Reineke with a season best time. Anthony Hoyt placed second in the 500 freestyle, followed by Zachary Timm in third and Joel Brault in fifth. The 200 freestyle relay team of Welle, Tung, Reineke, and Holm easily won the event, followed by the third place relay team of Biggers, Matt Mayer, Joel Brault, and Zachary Timm. Eric Peterson won the backstroke, followed by Cooper Running in third and Andrew Crowser in fourth. Logan Tung won the breaststroke by 6 seconds, followed by Brault in third and Mayer in fourth. The 400 freestyle relay team of Hoyt, Reineke, Peterson, and Running won the event, with the team of Biggers, Crowser, Meece, and Timm in third. There were few JV events, which meant there was little rest for the swimmers when moving from one event to the other.

Next up for the team is the True Team State Meet at the University of Minnesota on Saturday at noon.

## **NORDIC SKI - HOME INVITE**

The Alexandria Nordic Ski Team hosted our home invite out at Andes Tower Hills this past Tuesday, January 18th. Teams that were in attendance were Moorhead, Fergus Falls, Brainerd, Little Falls, Willmar, St. Cloud, Sartell, St. John's Prep, and Wadena. All races on the day were of the classic format, with Varsity and Junior Varsity racers doing a 4.8K classic race. It was a very interesting day as the day started out with 36F and sunshine, but then the 40 mph wind gusts started up and gave us a rather cold day to have the races!

### **JV Boys:**

- 3 - Luke Walsh - 20:57
- 12 - Gabe Hoven - 23:50
- 26 - Trey Johnson - 26:20
- 27 - Kahllin Franson - 26:31

### **JV Girls:**

- 4 - Madeline Hochhalter - 22:25
- 5 - Emma Hocchalter - 22:32
- 9 - Tiahna Goeke - 23:55
- 11 - Greta Oldenkamp - 23:58
- 14 - Taylor Swedberg - 24:29
- 22 - Meredith Sundby - 25:51
- 34 - Anna Revering - 29:04
- 35 - Mattie Scholten - 29:12
- 36 - Tatum Ketelsen - 29:13

### **Boys Varsity:**

- 22 - Ryker Bosek - 18:32
- 29 - Spenser Chinn - 19:19
- 44 - Cyler Coauette - 20:04
- 45 - Max Chinn - 20:07
- 55 - Matthew Johnson - 21:26
- 57 - Owen Gilbertson - 22:45

### **Girls Varsity:**

- 3 - Jaelyn Miller - 19:30
- 8 - Mackenzie Jurchenko - 20:36
- 12 - Bobbi Nichols - 21:00
- 13 - Dulce Bakker - 21:03
- 16 - Kasey Soderholm - 21:10
- 22 - Lauren Englund - 21:46
- 25 - Teresa Bitzan - 21:51
- 27 - Amelia Lucken - 21:58
- 30 - Lauren Huber - 22:12
- 36 - Amanda Bergerson - 22:31

A big shout out to our awesome cast of parent volunteers and to Andes Tower Hills for letting us host out there!



## MIDWINTER DANCE POSTPONED

Due to the rise of Covid cases at this time, we are postponing the Midwinter Dance to Saturday, March 12th. Administration and the student council executive board met and determined that the dates in February had too many conflicts with activities. Therefore, March 12th was chosen as the earliest date that has the fewest conflicts.

Cool School  
Plunge  
Rescheduled

Now March 11 @ 2:00

You can still sign up and  
fundraise at  
[plungemn.org!](http://plungemn.org)

Plungers will be able to  
enjoy the Pep Fest in the  
gym at DMS

## ESPORTS - SPRING LEAGUE

Esports Spring League Registration is now open. **The team meets after school Tuesday, Wednesday, and Thursday in the media center starting February 1.**

Spring League Games include: Rocket League, League of Legends, Mario Kart, Madden 21, Smash, and Splatoon.

Register online ASAP at <https://activities.wordwareinc.com/>





## OPEN LIFTING HOURS EXTENDED

Beginning **January 10th** the AAHS weight room will be available for AAHS students open lifting.

New hours are:

- **Mornings** - Monday, Wednesday, Fridays 7:00-8:00 AM
- **After School Monday and Friday** 4:05 - 4:50 PM
- **After School Wednesday** 3:55pm - 4:20 PM
- **After School Tuesdays and Thursdays** 3:30-5:00 PM

## BASEBALL PLAYER PRESEASON MEETING

There will be a preseason player meeting for anyone in grades 9-12 interested in playing baseball this spring at **3:30 pm in AAHS room B182/183 on Thursday, Feb. 24th**

If you are unable to make the meeting please contact Coach Munsch.



## CENTRAL LAKES CONFERENCE PERFORMER OF THE WEEK

- **Hailee Bailey** has been named **Central Lakes Conference Performers of the Week** in Girls Hockey. In the 5-1 win over Roseau, Hailee had 27 saves.
- **Logan Tung** has been named **Central Lakes Conference Performers of the Week** in Boys Swimming and Diving. At the section True Team meet, Logan won the 200 IM and the 100 Breaststroke.
- **MaCee Linow** has been named **Central Lakes Conference Performers of the Week** in Girls Basketball. In one game this week, MaCee scored seven of ten 3 pointers for 21 points.
- **Mason McGrane** has been named **Central Lakes Conference Performers of the Week** in Wrestling. Mason won 8 matches with 7 pins.

Congratulations Hailey, Logan, MaCee, and Mason!



## YEARBOOK NEEDS YOUR PHOTOS

WE WANT YOUR PICTURES!

WINTER SPORTS PICS

Yearbook wants your winter sports pictures!

Text them to 3202981102

or [alexianyearbook@gmail.com](mailto:alexianyearbook@gmail.com)

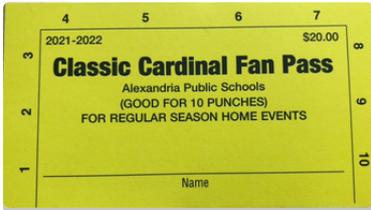
LUNCH to GO for AFTER SCHOOL ACTIVITIES of EVENTS



Lunches for students in activities or after school events are available for order at Perks Plus,

- \$6.00 each, due at time of ordering, either cash or you can use your lunch account.
- Options are Ham or Turkey sub or a PBJ.
- All meals include fruit, veg, chips, cookie and a water.

\*cut off time to order for that day is 11 am



### Attention Senior Citizens.....

#### **Become a Classic Cardinal Fan!!**

Alexandria Public Schools values the senior citizens of Alexandria and appreciates the support they give to the students and coaches/advisors of the athletic teams and fine arts groups. To show our appreciation to these citizens, we have a “Classic Cardinal Fan” pass available to anyone 65 years old or older. This pass sells for \$20 and will permit the holder to attend 10 regular season contests of their choice. This is a \$40 savings. These passes will be for sale at the ticket booths at any contest, or they may be purchased at the Activities Office at Alexandria Area High School.

**Great Gifts for Grandparents!!**

## DISCOUNT TICKET PRICES

### Cardinal Fans!

Discount passes are available

- **Adult** - 10 punch pass \$50
- **Student** - 10 punch pass \$30

These passes will permit the holder to attend 10 regular season contests of their choice. Punch passes will be for sale at the ticket booths at any contest, or they may be purchased at the Activities Office at Alexandria Area High School.



## ACTIVITIES REGISTRATION

### AAHS ACTIVITIES

You may access the online registration [at this link](#)

- If you have not used the districts online payment module in the past for activities, Chromebooks, food service, parking permits, etc. You will need to CREATE AN ACCOUNT prior to registering.
- Registration needs to be complete prior to student’s being able to participate.

Reminder that students **must have a physical every three years in order to participate**. The online registration module will not allow you to proceed if a physical exam is needed. If you have questions please contact Sheree in the AAHS activities office 320-762-2142 ext 4530 or contact your healthcare provider.

[2021-22 MSHSL Sports Physical form](#)

## ACTIVITY FEE DISCOUNTS AVAILABLE

Discounted fees are available for families who qualify for Free/Reduced Educational Benefits. If you feel you qualify, please go to [family.wordwareinc.com](http://family.wordwareinc.com) to complete the on-line application. Paper copies are available at each school office."

Although meals are again free this year, activities fees are based on Free/Reduced Educational Benefits and may provide you a discount on activity fees.

### Cardinal Apparel and hats available at the Cardinal Store



### Upcoming Events



[Alexandria Area HS](#)

[centrallakesconference.org](http://centrallakesconference.org)



## Home of the Cardinals

 Facebook  @aahsactivities

Alexandria Area High School offers more than 50 co-curricular programs including the full complement of Minnesota State High School League (MSHSL) offerings - featuring varsity sports, fine and performing arts, and numerous school clubs and organizations. These student activities have continually excelled in regional and state competitions.

 4300 Pioneer Rd SE, Alexandria,...

 shsaxton@alexandria.k12.mn.us

 (320) 762-2142

 alexandria.k12.mn.us/aahs

