

# Daily Home Screening for Student



## **Section 1: Symptoms**

If anyone in the household has covid-like symptoms (see below), everyone in the home should stay home until test results are received. Many positive families have reported they thought they had a “mild cold” or “allergies”. It is important to err on the side of caution and keep your child home until they have been tested or your healthcare provider provides an alternative diagnosis.

**Please check your child EACH MORNING for these symptoms before school:**

**ONE or More of the following symptoms:**

- Temperature 100.4 degrees Fahrenheit or higher
- New onset and/or worsening cough (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)
- Difficulty breathing
- New loss of taste and smell

**AND/OR if your child has TWO or More of the following symptoms:**

- Sore throat
- Nausea
- Vomiting
- Diarrhea
- Muscle Pain
- Excessive fatigue
- New onset of severe headache
- New onset of nasal congestion or runny nose

## **Section 2: Close Contact/Potential Exposure**

- Had close contact (within 6 feet for at least 15 minutes) with a person with confirmed COVID-19

**If ‘YES’ to any of the above please keep your child home and contact the school.**

**ALL Siblings should remain home until further guidance from a healthcare provider or school.**

**If you have questions regarding your child’s symptoms, Alexandria Public Schools has developed a COVID-19 information center that is monitored by a nurse.**

**COVID-19 Information Center:**

**Call (320) 762-3345 or send an email to: [covid@alexschools.org](mailto:covid@alexschools.org). If you are not able to talk to the nurse directly, leave a message and she will call you back as quickly as she can.**