

Self-Administration of OTC Analgesics Authorization

Dear Parent/Guardian:

When self-administration of non-prescription pain medication (Ibuprofen or Acetaminophen) is appropriate for an individual student in middle or high school, the procedure must be done safely, carefully and accurately. **A student may not be allowed to carry any product containing Aspirin or Pseudoephedrine.**

If unsure if a certain OTC can be carried by the student, please contact Health Services.

This form must be completed by the parent/guardian, signed by the student and returned to the School Health Services.

Discovery Middle School FAX 320-762-8347
Alexandria Area High School FAX 320-762-7749

School Year: _____

Student Name: _____ Birthdate: _____ Grade: _____

Medication	Condition	Dosage	Time	Route	Possible Side Effects

Parent/Guardian Authorization

1. I request that my child be allowed to carry and self-administer the above medication. I also request the medication be allowed on field trips if needed.
2. I release the school personnel from liability in the event adverse reactions result from my child self-administering the medication(s).
3. I will notify the school of any changes in the medication(s). (i.e. dosage change, medication discontinued)
4. I give permission for the school nurse to communicate with the child's teachers about the child's health condition(s) and the action of the medication(s).

Parent/Guardian Signature: _____

STUDENT AGREEMENT

I AGREE TO:

- Use correct dosage of my medication
- Not allow anyone else to use my medication.
- Be responsible for having my medication

Signature of Student: _____ Date: _____

This authorization is in effect for the school year in which it is written unless otherwise noted here.

NOTE: If the school nurse doesn't agree with the parent's instructions after assessing the competencies of the student, the school nurse will contact them to agree upon a plan. Permission for the self-administration may be suspended if the student is unable to maintain the procedural safeguards established in the above agreement.