# Alexandria Area Gymnastics Fall 2023 Schedule

## Parent Tot / $85
- Monday: 9:10 - 9:40 am, 5:25 - 5:55 pm
- Tuesday: 4:45 - 5:15 pm
- Thursday: 4:40 - 5:10 pm
- Saturday: 9:20 - 9:50 am

## Intro (5 and up) / $105
- Monday: 3:30 - 4:30 pm, 6:15 - 7:15 pm, 7:00 - 8:00 pm
- Tuesday: 3:30 - 4:30 pm
- Wednesday: 5:45 - 6:45 pm
- Thursday: 3:30 - 4:30 pm, 6:15 - 7:15 pm
- Saturday: 10:15 - 11:15 am, 11:45 am - 12:45 pm

## Little Leapers (2-3 yrs) / $92
- Monday: 9:50 - 10:30 am, 4:35 - 5:15 pm
- Tuesday: 5:25 - 6:05 pm
- Thursday: 5:20 - 6:00 pm
- Saturday: 8:30 - 9:10 am, 11:40 am - 12:20 pm

## Intermediate (must pass Intro) / $115
- Monday: 5:00 - 6:15 pm, 6:30 - 7:45 pm
- Tuesday: 3:15 - 4:30 pm, 6:45 - 8:00 pm
- Wednesday: 5:45 - 7:00 pm
- Thursday: 3:45 - 5:00 pm, 4:45 - 6:00 pm
- Saturday: 8:45 - 10:00 am, 10:45 am - 12:00 pm, 11:45 am - 1:00 pm

## Preschool (4-5yrs) / $92
- Monday: 10:40 - 11:20 am, 11:30 am - 12:10 pm, 3:45 - 4:25 pm
- Tuesday: 6:15 - 6:55 pm
- Thursday: 9:50 - 10:30 am, 10:40 - 11:20 am, 3:50 - 4:30 pm
- Saturday: 10:00 - 10:40 am, 10:50 - 11:30 am

## Advanced (must pass Intermediate) $123
- Monday: 3:15 - 4:45 pm, 3:30 - 5:00 pm, 5:15 - 6:45 pm
- Tuesday: 3:15 - 4:45 pm
- Thursday: 5:45 - 7:15 pm, 6:15 - 7:45 pm
- Saturday: 9:00 - 10:30 am, 11:30 am - 1:00 pm

## Preschool Open Gym
- Ages 5 & under
- $5 per family
- Tues & Wed starting September 6th
- Times: 9:30 - 11:00 am
- Location: DMS Gymnastics Tumble Room

## Open Gym
- Ages 6 & up
- $8 per person
- Monday’s starting September 9th
- Times: 1:00 - 3:00 pm
- Location: DMS Gymnastics Main Gym
  (No open gym on Oct 21st)

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Classes Start the week of September 5th and run through November 11th.

No classes October 18-21, 31st and No classes between 6-8pm on November 7th due to elections.

- **Open Gym**
  - Ages 6 & up
  - $8 per person
  - Monday’s starting September 9th
  - Times: 1:00 - 3:00 pm
  - Location: DMS Gymnastics Main Gym
    (No open gym on Oct 21st)

- **Preschool Open Gym**
  - Ages 5 & under
  - $5 per family
  - Tues & Wed starting September 6th
  - Times: 9:30 - 11:00 am
  - Location: DMS Gymnastics Tumble Room

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